

Seasonal Vegetable List

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
ARTICHOKES												
ASPARAGUS GREEN												
AVOCADO												
BABY BEANS												
BABY BRINJAL												
BABY BUTTERNUT												
BABY CABBAGE GREEN												
BABY CABBAGE RED												
BABY CABBAGE SAVOY												
BABY CARROTS												
BABY CAULIFLOWER												
BABY CORN												
BABY FENNEL												
BABY GEM												
BABY LEEKS												
BABY MARROW												
BABY PUMPKIN												
BABY SPINACH												
BEAN GREEN												
BEAN SPROUT												
BEETROOT LOOSE												
BRINJALS												
BROCCOLI												
BRUSSEL SPOUTS												
BUTTERNUT												
CABBAGE CHINESE												
CABBAGE GREEN												
CABBAGE RED												
CARROT LOOSE												
CAULIFLOWER												
CELERY												
CELERIAC ROOT												
CHICORY												
CHILLIE RED												
CHILLIE GREEN												
COCKTAIL TOM RED												
COCKTAIL TOM YEL												
ENG CUCUMBER												
EDAMAME BEANS												
GARLIC												
GINGER												
GEM SQUASH												
LEEK												
MUSHROOMS												
ONION												
ONION RED												
PATTY PANS GREEN												
PATTY PANS YELLOW												



AVAILABLE BUT NOT IN SEASON



AVAILABLE AND IN SEASON



OUT OF SEASON, SOMETIMES IMPORTED

[illegible]